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*We would like to thank CHI Health  
Good Samaritan for providing printing  
and mailing services for our newsletter.*



October 2015

Scholarship Workshop

DRN Referral Fair

ABC Next Move

## Debut Diabetes Information and Referral Event

This year the Diabetes Referral Network, a coalition of Buffalo County Community Partners, is hosting the first Diabetes Information and Referral Fair. The free fair will be Thursday, November 5th from 11:30 a.m. to 6 p.m. at the Kearney Family YMCA. Anyone can come to be connected with local resources that can provide assistance or education around specific needs participants may have to control or maintain their chronic illness. The event will host agencies that will set up booths to provide education on diabetes-related health issues. They will also refer participants to organizations and programs that assist those with pre-diabetes and diabetes.

“Our focus for this event is to get participants referred to doctors, programs, or resources that they need. Many people do not know where to go to find these resources to help them with prevention, education, and treatment,” said Ariane Arensdorf, DRN Coalition Director.

In order to make participants more aware of their own health status, there will be several different screenings available, such as A1c, blood pressure, BMI, monofilament and more. A sheet will be provided for people to record

their screening results, which they can take to their primary care provider.

There will also be a “Clinic Corner” sponsored by Platte Valley Medical Group and Good Samaritan Medical Group, where participants can ask their questions

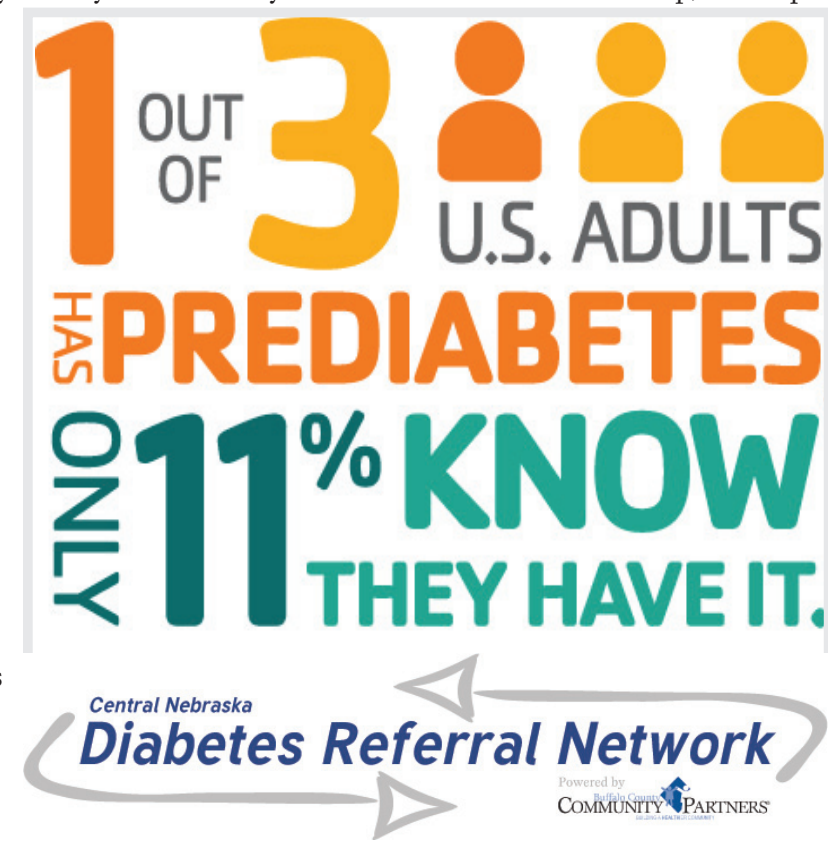
to doctors, diabetes educators, community health workers, dietitians and more. In addition, Hy-Vee will be bringing out chefs to demo healthy and easy recipes from 12:30 to 5 p.m.

“With all the changes in our healthcare system, it is becoming increasingly important for our patients to be empowered in managing their own healthcare,” said Shellie Berry, RN and CDE with Good Samaritan Medical Group. “I am excited that this Diabetes Referral Health Fair will guide patients to the resources necessary to empower them.”

There are many organization representatives on the Diabetes

Referral Network assisting Buffalo County Community Partners with planning the Diabetes Information and Referral Fair. CHI Health Good Samaritan is a main sponsor in helping provide A1c tests.

For more information on the fair go to <http://www.bcchp.org/coalitions/drn>, or you may contact Ariane Arensdorf at [admin@bcchp.org](mailto:admin@bcchp.org) or 308-865-2289.



### Coalition Connection



Plan to celebrate walk to school day on October 1st and 7th. With 80% participation rate in the past, we look forward to an active day.



Be sure to check out all the pictures from The Pictures of Peace reception. We had a great turn out, as well as Lieutenant Gov. Mike Foley spoke at the event. Thanks to all community members who made it a great project.



Red Ribbon week starts the 23rd of October. Check <http://www.bcchp.org/positivepressure/> for more information about events surrounding the week.



Congrats to all the new YAB members for the 2015-2016 year. Keep checking the website for updates on all the great events the YAB members will be hosting this year.



Ravenna Senior Center will be hosting Alzheimer's Coalition's Holiday Tips Thursday, October 22 at 1:00 p.m. Panelist include Doran Bartels, Tom Tye and Kaiti George.



Training in Intervention ProcedureS is a responsible beverage server training approved by the Nebraska Liquor Control Commission. Contact [positivepressure@bcchp.org](mailto:positivepressure@bcchp.org) to register.

Check [bcchp.org/tips](http://bcchp.org/tips) for future classes.

### Buffalo County Community Partners Contact Information

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Visit [bcchp.org/board](http://bcchp.org/board) for complete board member listing or [bcchp.org/contact](http://bcchp.org/contact) for complete staff listing and contact form.



# YAB Free Money Financial Aid Workshop

It's never too early to start planning for college. And, as tuition costs and student debt increase it has never been more important to take advantage of every scholarship and financial aid opportunity that is available.

That's why the Buffalo County Youth Advisory Board is teaming up with the University of Nebraska-Kearney College of Education to present the annual scholarship and financial aid workshop. The workshop will be held at the University of Nebraska-Kearney College of Education Building on Sunday, October 25 from 2 to 5 p.m. All college bound students and their parents are welcome!

Show Me The Money is sponsored by the Buffalo County Youth Advisory Board with the support of the UNK College of Education. Admission is free; donations

to support the program are welcome.

Participants will learn:

- How parents and students can work together to develop a scholarship/financial aid game plan.
- Tips on laying the groundwork before your senior year.
- Advice on how to build a college resume.
- Instruction on filling out the FAFSA (Free Application for Federal Student Aid) form.
- College admissions procedures.

Plus: The computer labs will be open and advisors will be standing by to help you develop a scholarship search profile and begin your scholarship search on the spot. To see the full list of events go to <http://www.bcyab.org/showmethemoney/>

# Americas Best Community looks to Manufacturing

Kearney was named one of the 50 quarterfinalists in the America's Best Communities competition and was given \$50,000 to develop a community revitalization plan. Last month, they invited the Kearney residents to join at the Town Hall meetings to have a voice in innovative solutions for problems in the community. Over 100 residents provided input for the revitalization plan.

The plan must be submitted by November. In

crafting a comprehensive revitalization plan for Kearney, America's Best Communities leaders have identified manufacturing as one industry to support in order to facilitate growth of the city's economy. The Executive committee is refining the initiative into a short term goal that is achievable if Kearney is selected as one of the 15 semifinalists to receive \$100,000.

The team leading Kearney's efforts in the national competition believes increased attention and support for developing skilled labor in manufacturing sectors will bolster the local economy and, in turn, help create jobs.

Visit <http://www.bcchp.org/americasbest/> for all the latest updates.



*Pat Comptan of downtown Kearney takes her turn speaking on stimulating the economy.*

## Thank You to Our August/September Donors:

Graten Beavers  
John & Sonia Sahling  
Matt & Grace Mims  
CHI Health Good Samaritan  
Ron & Deb Hendrickson  
Byron & Elaine Wiseman  
Baldwin Filters  
Jerry & Nancy Dulitz  
Cory & Jaci Kruse  
Five Points Bank  
Jon & Leslie Abegglen

Todd & Michelle Sawicki  
New West Sports Medicine & Ortho Surgery  
Kay Horner  
Cash-Wa Distributing  
Scott & Cindy Casper  
Dan & Julie Speirs  
Kearney Hub  
Central Nebraska Score  
Barney Insurance  
Eileen Dakan

Kellie John

If you would like to partner with us through a financial donation, you may:

Contact Denise Zwiener at 308-865-2280 or [dzwiener@bcchp.org](mailto:dzwiener@bcchp.org)

Donate on our website, [bcchp.org](http://bcchp.org), by clicking the blue "Donate" button.

# Recognizing UAV Champions & Picture Peace Awards

In celebration of International Peace Day on September 21st, we recognized eight United Against Violence Champions from Buffalo County who are teaching youth to be safe now, and giving them the skills they need to grow up to be healthy and happy adults.

Ravenna Public School's Dr. Jay Dostal, Kearney Family YMCA Sue Klein and staff, Doug Kramer, Hannah Wick, Angie Drahota, Kay Glidden and Jenny Brown were all the recipients of the UAV champion awards.

We appreciate the work our United Against Violence

Champions are doing every day in our schools and communities.

The reception also displayed twenty photos which were selected from among 142 submissions for the picturing peace community photo project. Community members were asked "what does peace look like." Photos were submitted and participants in PhotoVoice chose the photos to be displayed.

Lieutenant Governor, Mike Foley, was invited to speak at the event. He shared about his experiences dealing with peace.

"Sharing ideas about the things we care about and ways we can better work and live together was the real point of the project. The reception turned out to be a great opportunity for that to happen," said Mark Foradori, United Against Violence Coalition Coordinator. We thank all the participants and community supporters.

To see all the photos and everyone who was recognized, go to <http://www.bcchp.org/picturingpeace/>



*Kearney High School Principal Dr. Jay Dostal is recognized by Mark Foradori and Lt. Governor Mike Foley for his work in promoting and implementing 40 Developmental Assets.*

# New Energy From New Faces

Buffalo County Community Partners welcomes a new Marketing Coordinator, Michelle Toukan. Toukan is a 2015 Hastings College graduate with a bachelor's in Advertising/Public Relations and minors in Visual Media and English. She will be working with the different coalitions to boost their visibility and communication within the community. "Michelle joins us with exceptional experience as a recent college grad, she will bring her internship experience of working for Heart Hero's during Omaha's 24 hr giving program. An amazing experience to assist Buffalo County Community Partners in launching their Give Where You Live Campaign," stated executive director, Denise Zwiener.

Josh Arias has been promoted as the part time Youth Coordinator. He will primarily be working with the Photo Voice project, but he will also work with the Youth Advisory Board. Arias interned with Community Partners starting in 2014. "I have a dream of starting my own non profit someday, this will be great experience," Arias said.

Nate Abegglen was brought on as a "Youth Intern." Abegglen is a Senior Advertising/Public Relations major at UNK. He is going to be helping with Positive Pressure and YAB. Sarah McCaslin is going to be working as America's Best Community Intern. McCaslin is a senior Interior Design major at UNK. She will be working with a team of community members to assist

in developing a community revitalization plan for Kearney, NE. Growing up in Kearney made her excited about "being more involved in the community."



*Sarah McCaslin, America's Best Intern, Nate Abegglen, Youth Intern, and Michelle Toukan, Marketing Director join*