Community Health and Wellness Indicators

A 2030 Vision Steering Committee did a deep data dive and compiled data to share with the community leading to the development of four areas of performance indicators; behavioral health, early childhood/adolescents, access, vulnerable person.

Basline Data Paired with Performance Indicators			
Wellness - by focusing on wellness of your communities' residents we will see improved behavioral and physical health for all.			
	Behavioral	**Data to Track**	**Intended Change/Impact**
	Suicide	Considered suicide, attempted suicide	Decrease
	Depression/Anxiety	Depressed/anxious in past 30, told have disorder	Decrease
BEHAVIORAL HEALTH	Mental Wellness	Get support they need, regular care to friend/family member	Increase
	Substance Abuse	Alcohol consumption, marijuana use, prescription use, vape use, sources (youth), others	Decrease
	Physical	**Data to Track**	**Intended Change/Impact**
	Exercise (Emerging)	Physically active, time spent sitting/video games	Increase
	Healthy Eating (Maturing)	Greens, fruit, soda consumption, vegetables	Increase
	BMI		Decrease
Healthy Youth & Thriving Families - by focusing on the development of children's skills to set goals and maintain healthy relationships, and manage their emotions they will become thriving adults.			
	Protective Factors	**Data to Track**	**Intended Change/Impact**
	School Safety	In a fight at school	Increase Protective Factors that reduce behavior
	Bullying	Bullied at school, bullied electronically	Increase Protective Factors that reduce behavior
EARLY CHILDHOOD AND ADOLESCENTS	Abuse	Forced to have intercourse/sexual things, physically hurt by someone dating	Increase Protective Factors that reduce behavior
	Support	Protective factors, DAP, ACEs	Increase Protective Factors that reduce behavior
	Trauma	Trauma Informed Care Trainings, Disturbences in the home, Homeless Youth, Agency Screening for trauma, mental health, brain injury, ACEDs	Increase Protective Factors that reduce behavior
	Early Childhood		
	Social Media - Addiction	Time spent on phone/computer	Increase Protective Factors that reduce behavior

Health Disparities - by improving access for all in your community we will see a reduction in health disparities.

ACCESS TO BASIC SERVICES	Access	Data to Track	Intended Change/Impact
	Basic	graduation levels, unemployment, labor force	Increase
	Mental Healthcare		Increase
	Physical Healthcare	Have insurance, been to a doctor, primary care, needed to see but couldn't due to cost	Increase
	Affordable Housing	Worried/stressed about paying rent/mortgage	Increase
	Housing Issues	Severe housing problems	Decrease
	Food	Worried/stressed about money to buy nutritious meals, limited access	Increase

Vulnerable persons - By lifting up the voices and needs of the vulnerable populations in our community we will create a safe and healthy place for all.

VULNERABLE PERSONS	Minority Population Awareness	Data to Track	Intended Change/Impact
	Needs		Increase
	Inclusion		Increase
	Demographics		
	General	Data to Track	Intended Change/Impact
	Poverty Levels	Individuals under poverty level, under 18 under poverty level, household income, weekly wage rate	Decrease
	Chronic Disease	Data to Track	Intended Change/Impact
	Cancer		Decrease
	Diabetes (Emerging/Maturing)	DRN: A1C tests, told by doc have diabetes/borderline diabetes	Decrease